

# Resources for Laid-Off and Financially-Troubled OCEA Members

## Finances and Paying Your Bills

**Unemployment Insurance (US Department of Labor):**

<http://ows.doleta.gov/unemploy>

**Laid-Off Workers (US Department of Labor):**

[http://www.doleta.gov/jobseekers/laidoff\\_workers.cfm](http://www.doleta.gov/jobseekers/laidoff_workers.cfm)

**CareerOneStop (US Department of Labor):**

<http://www.careeronestop.org/ReEmployment/Default.aspx>

**PDFs for Laid Off Workers (AARP):**

[http://www.aarp.org/money/work/articles/pdf\\_laid\\_off\\_workers.html](http://www.aarp.org/money/work/articles/pdf_laid_off_workers.html)

**MyMoney.gov (US Financial Literacy & Education Commission):**

<http://www.mymoney.gov>

**Financial Help to Pay for Home Heating and Cooling:**

[www.acf.hhs.gov/programs/ocs/liheap/](http://www.acf.hhs.gov/programs/ocs/liheap/)

## Job-Hunting

**Monster.com:**

<http://www.monster.com>

**CareerBuilder.com:**

<http://www.careerbuilder.com>

**CareerOneStop:**

<http://www.careeronestop.org>

**OCjobfinder.com:**

<http://www.ocjobfinder.com>

**Craigslist.org:**

<http://www.orangecounty.craigslist.org>

**SimplyHired.com:**

<http://www.simplyhired.com/>

## Health

**Community Healthcare Clinics & Related:**

<http://www.ochealthinfo.com/public/clinics.htm>

**2-1-1 Orange County (help with low-cost medical-insurance):**

(888) 600-4357; <http://www.211oc.org>

**Healthy Families:**

<http://www.healthy-families.us>

## Housing

**Buying and Renting Assistance:**

<http://www.hud.gov>

**Be sure to check reverse side for more resources!**



Orange County Employees Association

830 N. Ross St., Santa Ana, CA 92701 • (714) 835-3355 • (714) 835-7654 Fax • [www.oceamember.org](http://www.oceamember.org)

## Your Family

### *How to Help Your Spouse Through a Layoff (eHow.com):*

[http://www.ehow.com/how\\_4808228\\_spouse-through-layoff.html](http://www.ehow.com/how_4808228_spouse-through-layoff.html)

### *How Should I Explain My Job Loss to My Tween? (About.com):*

<http://tweenparenting.about.com/od/relatingtoyourtween/f/LayoffTween.htm>

### *Temporary Assistance for Needy Families:*

[http://www.acf.hhs.gov/acf\\_services.html#walia](http://www.acf.hhs.gov/acf_services.html#walia)

### *Families Forward:*

9221 Irvine Blvd, Irvine, CA 92618; (949) 552-2727; <http://www.families-forward.org>

### *Day Care Centers and Facilities in California (for children and adults):*

[https://secure.dss.cahwnet.gov/cclid/securenet/cclid\\_search/cclid\\_search.aspx](https://secure.dss.cahwnet.gov/cclid/securenet/cclid_search/cclid_search.aspx)

### *CalWORKs Child Care and Day Care Needs:*

<http://www.cdss.ca.gov/cdssweb/PG58.htm>

### *Centralized Eligibility List:*

<https://cel.chs-ca.org/index.html>

## Coping With a Layoff

### *Help, I lost my job! (Wise Bread):*

<http://www.wisebread.com/lost-my-job-tips-for-the-recently-laid-off>

### *Discovery Resources:*

<http://www.discoveryresources.org/technology-counsel/sound-evidence/please-forward-to-the-newly-laid-off/>

### *How to Prepare for a Possible Layoff:*

<http://moneyfor20s.about.com/od/yourjob/ht/preparejobloss.htm>

### *10 Tips to Survive a Layoff, Financially:*

<http://www.rediff.com/getahead/2008/oct/16layoff.htm>

### *Preparing for a Layoff (About.com):*

<http://careerplanning.about.com/od/jobloss/a/layoff.htm>

## Food and Nutrition

### *United Labor Agency of Orange County (food bank):*

13252 Garden Grove Blvd. Ste 101, Garden Grove, CA 92843; (714) 740-0928

### *Second Harvest Food Bank of Orange County (food bank):*

8014 Marine Way, Irvine, CA 92618; (949) 653-2900; <http://www.feedoc.org>

### *The Treasure Box:*

<http://www.thetreasurebox.org>

### *Angel Food:*

(714) 656-876; <http://www.angelfoodministries.com>

### *Supplemental Nutrition Assistance Program*

(800) 221-5689; <http://www.fns.usda.gov/snap>

## Government Resources

### *County Employees Assistance Program:*

(800) 221-0945; County Contact: Carol Allen (714) 309-4722

### *GovBenefits.gov:*

<http://www.GovBenefits.gov>

## Other Resources

### *Goodwill of Orange County:*

410 N. Fairview Street, Santa Ana, CA 92703; (714) 547-6308; <http://www.ocgoodwill.org>

### *Lutheran Social Services:*

<http://www.lsssc.org>

*For additional resources in many categories, see  
OCEA's Layoff Nation website at [www.layoffnation.com](http://www.layoffnation.com).*